



THE BIG SALAD

WWW.MYBIGSALAD.COM

PREDESIGNED SALADS AND WRAPS



ALASKAN KING

SPINACH, CRAB, BROCCOLI, PEAS, CHOW MEIN NOODLES, WASABI CUCUMBER DRESSING.

ANTIPASTO

ROMAINE, SALAMI, SMOKED TURKEY HAM, MILD BANANA PEPPERS, MOZZARELLA, PROVOLONE CHEESE, OLIVE OIL, RED WINE VINAIGRETTE.

ASIAN

ROMAINE, SPINACH, SAVORY GRILLED CHICKEN BREAST FILET, MANDARIN ORANGES, ALMONDS, CHOW MEIN NOODLES, SESAME GINGER DRESSING.

BAJA

ICEBERG, BLACK BEANS, CORN, TOMATOES, CHEDDAR CHEESE, CRUSHED DORITOS, SAVORY GRILLED CHICKEN BREAST FILET, MEXICAN FIESTA DRESSING.

CALIFORNIA

SPINACH, ROMAINE, ARTICHOKE HEARTS, MUSHROOMS, RED ONIONS, GARBANZO BEANS, TOMATOES, CARROTS, DRIED CRANBERRIES, FAT FREE RASPBERRY VINAIGRETTE.

BABY

BIG

6.95

8.95

7.95

9.95

6.95

8.95

8.95

10.95

8.45

9.95

BABY

BIG

5.95

7.95

CHICKEN CAESAR

ROMAINE, PARMESAN CHEESE, SAVORY GRILLED CHICKEN BREAST FILET, HEARTY CROUTONS, CAESAR DRESSING.

CLUB

ROMAINE, SLOW BRAISED, FLAME SEARED TURKEY BREAST, HARDWOOD SMOKED BACON, CHEDDAR CHEESE, TOMATOES, SPICY RANCH DRESSING.

8.95

10.95

COBB

ROMAINE, ICEBERG, HARD BOILED EGG, AVOCADO, CRUMBLLED BLEU CHEESE, TOMATOES, HARDWOOD SMOKED BACON, SLOW BRAISED, FLAME SEARED TURKEY BREAST, CHARDONNAY VINAIGRETTE.

9.95

11.95

MARIANA

ROMAINE, SPINACH, ICEBERG, HARDWOOD SMOKED BACON, EGG, RED ONION, BROCCOLI, SUNFLOWER SEEDS, CHOW MEIN NOODLES, HONEY MUSTARD DIJON.

7.95

9.95

MAURICE

ICEBERG, SLOW BRAISED, FLAME SEARED TURKEY BREAST, SMOKED TURKEY HAM, PROVOLONE CHEESE, SWEET GHERKIN PICKLES, MAURICE DRESSING.

8.95

10.95

MEDITERRANEAN

ROMAINE, ICEBERG, GARBANZO BEANS, CUCUMBER, FETA CHEESE, FRESH RED PEPPERS, RED CABBAGE, QUINOA, CRUSHED PITA CHIPS, BABA LEMON DRESSING.

9.45

10.95

WEDGE

ICEBERG, CRUMBLLED BLEU CHEESE, RED ONION, HARDWOOD SMOKED BACON, BLEU CHEESE VINAIGRETTE DRESSING.

5.95

7.95



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SANDWICHES



CAPRESE

FRESH MOZZARELLA, FRESH BASIL LEAVES, TOMATOES, BLACK PEPPER, BALSAMIC GLAZE ON AN ITALIAN BAGUETTE.

BABY 3.99 **BIG** 6.99

CALI CLUB

SLOW BRAISED, FLAME SEARED TURKEY BREAST, AVOCADO, HARDWOOD SMOKED BACON, LETTUCE, TOMATOES, RED ONION, BASIL AIOLI ON MULTI-GRAIN CIABATTA.

BABY 5.99 **BIG** 8.99

CRANBERRY TURKEY

SLOW BRAISED, FLAME SEARED TURKEY BREAST, DRIED CRANBERRIES, WALNUTS, UNIQUE SPICES ON MULTI-GRAIN CIABATTA.

BABY 4.99 **BIG** 7.99

GARDEN TURKEY

SLOW BRAISED, FLAME SEARED TURKEY BREAST, PROVOLONE CHEESE, CUCUMBERS, TOMATOES, SHREDDED CARROTS, HONEY MUSTARD DIJON ON MULTI-GRAIN CIABATTA.

BABY 4.99 **BIG** 7.99

HONEY BACON CHICKEN

SAVORY GRILLED CHICKEN BREAST FILET, HARDWOOD SMOKED BACON, TOMATOES, SPINACH, HONEY GLAZE, ON OUR ARTISAN DUTCH CRUNCH CIABATTA.

BABY 4.99 **BIG** 7.99

ITALIAN

CAPICOLA, SMOKED TURKEY HAM, SALAMI, PROVOLONE, MOZZARELLA CHEESE, TOMATOES, MILD BANANA PEPPER RINGS, ITALIAN VINAIGRETTE ON AN ITALIAN BAGUETTE.

BABY 4.99 **BIG** 7.99

TUNA SALAD

TUNA, CELERY, RED ONIONS, ON OUR ARTISAN DUTCH CRUNCH CIABATTA.

BABY 3.99 **BIG** 6.99

SOUPS

*CHECK YOUR LOCATION - NOT ALL SOUPS SERVED EVERY DAY.

BABY 3.49 **BIG** 6.49

BUILD YOUR OWN

STEP 1: SALAD OR WRAP?

STEP 2: SELECT A SIZE

BABY (INLCUDES 8 BABY TOPPINGS) 7.95
BIG (INLCUDES 8 BIG TOPPINGS) 9.95

STEP 3: SELECT YOUR LETTUCE

STEP 4: PICK YOUR TOPPINGS

STANDARD TOPPINGS COUNT AS 1
 PREMIUM TOPPINGS COUNT AS 2
 MEAT TOPPINGS COUNT AS 3
 EXTRA STANDARD TOPPING (EACH) .75

STEP 5: PICK YOUR DRESSING

EXTRA DRESSING .75

TOPPINGS

MEAT

COLD SEARED ALASKAN SALMON
 CRAB
 HARD SALAMI
 HARDWOOD SMOKED BACON
 SAVORY GRILLED CHICKEN BREAST FILET
 SMOKED TURKEY HAM
 SLOW BRAISED, FLAME SEARED TURKEY BREAST

PREMIUM

GRANNY SMITH APPLES
 AVOCADO
 ARTICHOKE
 HARD BOILED EGG
 QUINOA
 HUMMUS
 PITA CHIPS
 DORITOS

STANDARD

ALMONDS
 BEETS
 BLACK BEANS
 BLACK OLIVES
 BROCCOLI
 CHOW MEIN NOODLES
 CORN
 CROUTONS
 CUCUMBER
 DRIED CRANBERRIES
 EDAMAME
 GARBANZO BEANS
 GRAPES (SEASONAL)
 MANDARIN ORANGES
 MATCHSTICK CARROTS
 MILD BANANA PEPPER RINGS

MUSHROOMS
 PEAS
 PURPLE CABBAGE
 RED ONIONS
 RED PEPPERS
 STRAWBERRIES (SEASONAL)
 SUNFLOWER SEEDS
 TOMATOES
 WALNUTS
CHEESES
 BLEU
 CHEDDAR
 FETA
 PARMESAN
 PROVOLONE / MOZZARELLA

PICK-A-PAIR

ENJOY ANY 2
OF THE FOLLOWING AND SAVE 1.00
BABY SALAD · BABY SANDWICH · BABY SOUP



DRESSINGS

BABA LEMON
 BALSAMIC GARLIC
 BALSAMIC VINAIGRETTE
 BALSAMIC VINEGAR
 BLEU CHEESE VINAIGRETTE
 BUTTERMILK RANCH
 CAESAR WITH EGG
 CHARDONNAY VINAIGRETTE
 FAT FREE RASPBERRY VINAIGRETTE
 HONEY MUSTARD DIJON
 ITALIAN
 MAURICE
 MEXICAN FIESTA
 OLIVE OIL
 RED WINE VINEGAR
 SESAME GINGER
 SPICY RANCH WITH BACON
 WASABI CUCUMBER